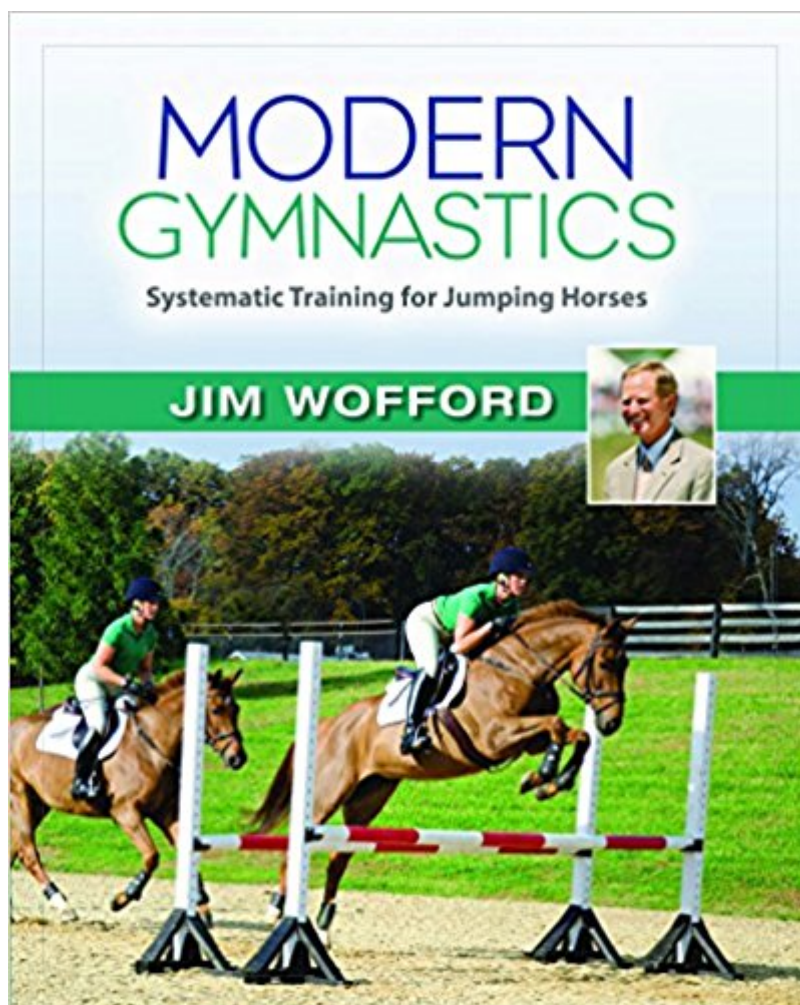


The book was found

Modern Gymnastics: Systematic Training For Jumping Horses



Synopsis

Olympic eventing medalist and five-time US National Champion Jim Wofford, whose monthly Practical Horseman column is a must-read for thousands of fans worldwide, proven system for teaching horses to jump will improve any horse's performance over fences--while it's clearly explained, progressive gymnastics strengthen your position and refine your aids. When you make this book part of your horse's training, you'll be using the same program with which Jim has produced top international riders, including members of several Olympic eventing teams.

Book Information

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Customer Reviews

Olympic eventing medalist and five-time US National Champion Jim Wofford, whose monthly Practical Horseman column is a must-read for thousands of fans worldwide, proven system for teaching horses to jump will improve any horse's performance over fences--while it's clearly explained, progressive gymnastics strengthen your position and refine your aids. When you make this book part of your horse's training, you'll be using the same program with which Jim has produced top international riders, including members of several Olympic eventing teams.

This is one of the best training books I have ever bought. Mr. Wofford does a fantastic job of explaining every aspect. Shared the book with a friend who does lower level dressage for the gymnastics 1 which he states is also good for dressage work Worth every penny!!! Wish I knew how they made the base of the standards for the jumps. They look sturdy but easy to move.

I bought this after hearing a presentation given by Mr. Wofford at a dinner I attended, seeing his

DVD in a tack shop the next day and purchasing that DVD. I am so glad that I decided to make the purchase of this companion book. Aside from Denny Emmerson, Mr. Wofford is my favorite equestrian professional. He is no-nonsense without being cruel to rider or horse; he is kind, but firm and manages to suss the best out of riders and horses. These exercises will benefit even the most experienced rider and horse. No matter how advanced your horse is, it doesn't hurt to take them back to the most basic of gymnastics and work the way up the program. It's beneficial for everyone. Book arrived lightning fast and was in excellent (new) condition. The price was reasonable and totally worth it. Simple, straightforward and full of things we need to be reminded of as we advance with our horses. Happy to have made this purchase.

Great book! Tons of info and step by step exercises to bring along a green horse or improve an experience jumper.

Good

A good reference book.

great book

Jim is a great instructor.

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WOD Bible: 220 Travel Friendly Home Workouts (Bodyweight Training, Bodyweight Exercises, Strength Training, ... Bodybuilding, Home Workout, Gymnastics)
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